

The World Teacher Trust

Questions and Answers

With Master Kumar and Kumari Garu

Bünde, Germany
June 24 – 25, 2015

(These notes are only for personal use. They are incomplete and might contain mistakes.)

Gopura-Group, Preussisch Oldendorf

Part 1 – Wednesday, June 24, 2015, Morning

Question: Since more than twenty years we pray to eat lunch, “I am the Lord of Fire. From the food’s taste and I am assimilated by the pulsations Prana, Apana, Samana.” Our question: in which connections are these pulsations and food, preparing the food, what is the function in the body, and what happens with us when we pray this?

Answer: There is a Sloka in Bhagavad Gita: “*Aham vaisvanaro bhutva praninam deham asritah pranapana samayuktah pacamyannam catur vidham*”. That is the Sloka. “*Aham vaisvanaro bhutva*” meaning “I am the Lord of Fire in the beings.” Just like the human is for the entire creation, Vaisvanara means the Cosmic Man. Visva is universe; Nara is man -- Universal Man or Cosmic Man. “I am the Cosmic Man in the form of fire and I exist in all the beings as fire. I animate the beings. I am the fire that causes assimilation of food through the Prana, Apana, and Samana pulsations.” “*Pranapana samayuktah pacamyannam catur vidham*” meaning “in four ways I assimilate this food and supply to nourish the beings.” This is a Vedic hymn which is sung before each time we take food. “I am the Lord of Fire existing within the human beings. I cause assimilation of food through the means of Prana, Apana, and Samana and enable nourishment in fourfold manner.” These are the dimensions of that prayer. I think from Mandra Scripture may be Christina Ambach must have picked it up. This prayer is there in the fifteenth chapter of Bhagavad Gita.

Basically in the human and in all the animating beings the Lord exists as fire. In human beings he exists as cosmic, solar, and planetary fire. In plants also the fire exists as solar and planetary. As also in the animals. It is this fire in the beings that enables the beings to receive food and cause sustenance and growth of the form. Unless you have enough fire in your body you cannot take food. If you have more fire -- it is called Jataragni meaning fire in the stomach -- you are able to receive much and assimilate much. One would be able to take much quantity of food and assimilate it if he has enough fire in the stomach. Unless enough fire is there you cannot cause nourishment to body. If you eat without enough fire you cannot digest. Once you take as much food as is needed by the fire within the body it nourishes the body. It enables its proper growth and it builds a very strong vital body which helps conducting not only the objective functions but also the subjective functions.

The Lord who exists in us as the fire Vaisvanara is the one who conducts the assimilation of food in us. And for that assimilating function he uses Prana the inhalation, and Apana the exhalation, and Samana as the equilibrating pulsation, and after causing the assimilation he distributes the food in fourfold manner in the body. The food is not only for the body! The Lord of Fire in us assimilates the food that we have taken to the physical tissues of the body which are governed by Pitris. He distributes the energy to the Prachetas meaning the lords of the senses. There are intelligences relating to the five senses. The food is also

distributed by the Lord Vaisvanara not only to the tissues of the body but also distributed to the five senses. Prachetas are the intelligences that govern the senses. Pitris are the intelligences that govern the body tissues. Then the Lord also distributes the energy to mind and the lord of mind. There are the intelligences of the mental plane to which energy is supplied. And then there is also distribution of energy to the Buddhic plane. The food is not only meant for the body.

The Lord Vaisvanara, the fire relating to him exists in the mouth. The mouth is the fire pot. Just as we do fire ritual in the pot, the mouth is the fire pot. That is why it is said in the scriptures, "*Mukha dindra schagnischa prana dvayu rajayata*". The face/countenance is full of fire and full of magnetism of Indra. Indra is the magnetic attraction of the face. It is not enough if a face is beautiful -- it should be magnetic enough to attract the people. When Indra is present, even if you are not beautiful you are attractive. He is the cosmic intelligence of attraction. The fire, the Agni, and then Indra, the king of celestials, they exist in the frontal part of the head – the Taurus part. Therefore, the Lord Vaisvanara is in the mouth. The pull to receive the food is over there in the solar plexus where there is the fire of assimilation. This assimilation transforms food to energy. And that energy is supplied to four different states of the intelligences in us. It supplies energies to the physical body, it supplies energies to the senses, it supplies energies to the mind, and then there is supply of energy to the Buddhi, the higher mind. Therefore, the food is very important.

You cannot eat any food and every food. You cannot eat anywhere and everywhere. You cannot eat without a poised attitude. No one should eat unless one is quite enough to eat food. When you are mentally disturbed you should not eat food. Then it turns food into poison. When you are emotionally distributed you should not eat food. Then it creates poisons in the vital plane. You should not eat food walking on the road, eating the bread. No walking food! You cannot catch a burger and start running for a bus eating the food. It should be eaten with much veneration. It must be eaten with a very pious and poised attitude. Your attitude to food is important. Unless you have the right attitude when you eat, what you eat instead of giving you the energy it does the contrary. Therefore, the Vedas suggest, "Think of the Lord as fire in you. Think of the pulsations that enable assimilation. And think that the food that you eat is meant for the devas in you."

Devas in all the four dimensions -- the devas relating to the physical body, and the five senses, the mind, and the devas of Buddhi – all the four receive nourishment when you have the right attitude towards the food. All this work is done in us by the fire. Therefore, you have to be grateful to that fire in you and offer your salutations to the fire in you. Invoking the intelligence of fire in us, we request that fire that the food that I have taken may be taken as an offering to the Fire God and also to the four categories of intelligences. Eating for ourselves is seen as utter ignorance. We are not eating food for ourselves. Then we are no different from the thieves. The food is given to the intelligences in the body so that these intelligences function for us. Why do you give food to the dog? The dog guards the house. So we offer food to anyone so that they protect us. So also when the food is taken inside, don't think you are eating the food. It is the most ignorant understanding of taking food. You are taking food to nourish the physical body's intelligences, the seven tissues of the body are prepared by the Pitris. The five senses have to be nourished because otherwise you cannot taste, you cannot touch, you cannot see, you cannot hear, you cannot smell. People lose their hearing ability, smelling ability, tasting ability, no sense of touch. Sense of touch is subnormal, sense of smell is subnormal, sense of hearing is subnormal, sense of sight is subnormal, and sense of taste is subnormal. Why? Because we don't offer food to these intelligences. For a wise man all these five senses function exceedingly well because he does not eat for himself. He eats as an offering to the devas.

Each time we eat we should know if the food is sacred enough to please the devas. Food is eaten as an offering to the fourfold devas and fire is the means. So we also offer to fire. When we do Fire Ritual, first we offer food to the Lord of Fire eighteen times. Then we request the fire to also transmit the food to cosmic devas, to solar devas, to planetary devas, and also directional devas. That's what Fire Ritual is. Fire Ritual is a means of offering food to devas of all planes and also to the fire because he is the one who transmits the energy to all the planes. What Fire Ritual outside is, is what the food ritual is inside. In the

Fire Ritual we have a bowl for fire. In the food ritual we have the mouth as the fire pot. Just as fire is pleased with ghee, the fire in us also pleased with ghee. That's is why food is taken along with ghee. You see, when you add some ghee in the Fire Ritual, the fire goes up because there is much fire in the ghee; it stimulates the fire. Therefore, for food also ghee is needed. With ghee you take food. Each time you take food it is like giving a stick of fuel.

As you eat, don't eat for yourself. He who eats for himself is a pilferer. That is a Vedic statement. "He who eats for himself is a pilferer." Pilferers cannot assimilate much. If you offer the food to the Fire God and the four categories of intelligences, when they are all satisfied you are automatically satisfied. When the devas in you are pleased you are pleased. The beauty of the devas is that they need nothing from us. Anything we offer they give it back to us. They give it back with the necessary devic vibration. If you give qualitative food, and if you give with an attitude of veneration, and with great respect, whatever is offered to devas in the same quality they give back. If you give poor quality of food they give poor quality of health to you. If you take with a very hurried attitude, or when you are emotional - emotional means irritated, worried, and angered – in that mood you should never eat food. And we should not talk too much when we are eating food. A major part of us should be oriented to food. A minor part can be engaging with a humorous conversation with the fellow beings. In that manner when we offer food to the devas in us, via the fire. What the fire does is that along with the cooperation of the pulsations, having assimilated food, it distributes through Apana to the body which is below the naval, and with Udana to the upper part of the body, and with Vyana to the entire body. So the Fire Lord makes use of the five pulsations as a means for distribution, as the medium. That's how we say "*Aham vaisvanaro bhutva*" -- "I am the Fire Lord who receive the food, assimilate it, and distribute it through the Pranic pulsations into four different categories of devas." All this work is done by the fire. That fire exists in us as us. When the fire is more you feel hungry. That is the message of the fire so that you eat. When there is enough food taken the fire itself informs from within, "It's enough." There is a center in the brain which is called Bhukti. That center says, "It's enough." There is another center in the brain which is called Trupti. Trupti means "It is enough, I am contented." This you can listen within when you eat food with an orientation to the fire and the work it does in the body. That is the essence of the prayer.

And then what kind of food should you eat? The food should necessarily have six tastes in it. It is called Shad Rasa. Shad means six, Rasa means taste. Shad Rasa means you should take a food of six tastes. Only then the food can transmit to the four categories of devas. From below upwards, the first is salt. The second taste is sour. The third is astringent. The fourth is bitter. The fifth is sweet. The sixth is chili. These six are very much needed in the food. People eat salt. People also eat sour things. People do not eat astringent things. Astringent means the moment you take it in the mouth, the tongue becomes dry. There are foods which are astringent. That's why in India they chew beetle nut. Astringent is very helpful for certain reasons. Then bitter – bitter also people do not eat much. If you eat soaked fenugreek, it is bitter. You can even put fenugreeks in the night in the water and take the water in the morning – the water is also bitter. Instead of eating fenugreek we make sprouts with fenugreek. But the sprouts do not carry the bitterness that the fenugreek as such carries. Generally, we do not take the astringent and the bitter. Sweet is taken much. And chili, not all would take. So our food is not a complete food. These six foods according to yoga and Ayurveda, they nourish the six glands of the body. Relating to the chakras on the physical dimension you have the nerve plexus. Salt causes much attachment to the physical. If you take much salt, you are too earthy. Everything should be there in its proper proportion. Salt, sour, astringent, bitter, sweet, and chili. These six constitute the six tastes. When the food regularly contains this there would be a very wholesome food offered to the four categories of intelligences in us.

The whole food is seen as Brahman because the Brahman himself has transformed into food so that he feeds the beings who are no other than Brahman -- just like we grow vegetables and we eat them! The Brahman creates food and he nourishes the beings with the food. Brahman is food. The food is no different from Brahman and you are not different from Brahman. The fire in you is also Brahman. The Brahman is offered to Brahman via the Brahman. And all is Brahman. That is another Sloka in Bhagavad Gita. These two relate to food. "Brahmarpanam" – I offer to the Brahman. "Brahmahavis" meaning that which we offer is

also Brahman. “Brahmata” meaning you are also Brahman. So that activity is all Brahman’s activity for Brahman. “*Brahmarpanam brahma havir brahmagnau Brahmana hutam brahmaiva tena gantavyam brahma-karma-samadhina*” These two stanzas are normally, every day when we take food we are supposed to read them with understanding and then eat.

I will make a complete article of this talk and dedicate it to Gopura. It will in due course come as a book which would be good for all groups to know what attitude we should have for food, and what is it that is happening when we take food, and what should be the elements of food. When you cultivate you should have the attitude that, “Let the food grow to nourish as many beings as possible. Let food multiply.” We say “Annam Bahukurvita” meaning let food be multiplied so that many people are benefitted from it. When you take food you can also offer food not only to the devas but also to all those who are hungry. That’s how a seer eats. He eats for the devas and he eats for all those who are hungry. He has no attitude in him that he is eating for himself. When you are not eating for yourself you are fasting. That is how Master Jupiter eats. Master Jupiter eats large quantities of food. Other Masters feel that he eats very much. Once they asked Lord Krishna, “Why that Master eats so much food?” Then Krishna says, “He is truly the fasting one. You are not fasting as Master Jupiter because he just doesn’t eat a grain for himself.” It is all for the devas and for all the other beings who are hungry, he eats. If you have that attitude taking food is also a service. That’s the beauty of understanding of the wisdom.

When we think of food we should think right from the point of collecting vegetables and grains. They have to be collected with much veneration. And they have to be cleaned once they are brought home. Vegetables, all food items are cleaned and stored. When we switch on the stove you should know that you are invoking the God of Fire. And when you cook the food, you should have an attitude of very high devotion. The attitude of the cook is very important for the quality of food that we eat. The cook should as he cooks, he/she should think that “May this food give much health to beings.” You should feel that this food should bless the people who eat. If one cooks with frustration or in a very hurried manner or with a worry in mind or if he is cooking as an employee... any employee cooks for money not for people. The lady at home cooks for the family. If the lady has not the right attitude when cooking, the food carries the vibrations of the cook. That’s why the people who eat, if they are sensitive, they can feel the cook. When a seer eats food cooked by a lady he can also gain what is the status of energy of that lady.

Therefore, the vibration of food is very important. That is the reason why in the initial stages of teaching, I was telling all our ladies to have a cassette in the kitchen of Lalita Sahasranama, Vishnu Sahasranama or some bhajans. With that in the kitchen when the lady listens and cooks it has a much better impact. And then it has to be first offered to the [pause] in the shrine what you call the [pause] where we have the shrine room. Even at the kitchen place, you can put a symbol and let there be a symbolic offering and then bring it to the table. The people who eat should have a pleasant attitude. They should have enough veneration and orientation when they eat. It should be taken with the prayer. The prayer is a reminder that we are not eating for ourselves. We are eating for the devas and also eating for those who don’t have food.

There was at a time in Europe a big movement of hunger project. Every person was missing a meal in a week. It is already a contribution because when you don’t eat food it is available to others! So people normally select Saturday because it is a weekend so they don’t have to eat one meal on Saturday. In Geneva when people were speaking about hunger project, when Master EK was there, we were all a group of twelve eating together in the evening. Then that day Master EK ate more than normal. They asked him, “Why are you eating so much this evening?” He said “I am eating for those who are in the hunger project!” In the group there are some who did not eat for lunch. They are now eating for dinner. For their hunger he is eating he said in a humorous manner, “I am a life member of hunger project” he said, “because I continuously eat for those who are hungry.” It is a dimension in life that you shall not eat for yourself. You shall eat for the devas in the body. If possible you can also eat for others who don’t have food. Not always people have timely food. You can think of them and eat for them. Such are the sublime dimensions of wisdom. So therefore, when it comes to food, its collection, its storage and its cooking, and then eating, and the states of food – these are all important. It is a very sublime subject. Much healing can be done

through food activity. There are many seers who fed food and healed. You can feed and heal. This is some understanding as an answer to your question. But I come back by next year with a fairly good book on it so that all groups can benefit from it. Thank you.

Question: In our region here there is lot of farming with a lot of animals. The cows are without horns. They are like milk producers. The calves are immediately separated. In the night I hear them screaming. What can I do when in the surrounding all is happening in contrary?

Answer: Firstly, I very much admire your concern for the animals. Very few think of it. The only thing we can do is intense group prayers, "Let the cow be protected." We say in India, "*Go Brahmane bhyah Subha masu Nityam Lokah Samastah Sukhino bhavantu*" – "let auspicious things come to the cow and let inauspicious things get away from the cow." We pray for the cow and the saint. Brahmana means not Brahmans by caste - a saintly person. In a society where a cow and a saint are well protected that society flourishes. Where cow is manipulated, and a saint is manipulated, that society suffers a lot. We can pray for the cow. You can conceive a prayer by the feeling that you get for the cow. Otherwise, I can give one or two mantrams. There is a mantram in the Lalita Sahasranama about cow. That can be given so that you can chant it with a view that this thought of separating the calf from the cow, and then cutting horns of the cow, and feeding all kinds of things to cow should come down, should be eliminated. There should be a prayer. You can dedicate one prayer for that in the week because... Slowly the understanding of cow is growing now. Our prayers will help for further growth of it. Many things which we cannot change in the present society we can only do prayer. I will also do the prayer.

There is a big movement in India about the cows to protect them, to nourish them, and to not to abuse them. Even in India there is lot of opposition when people protect the cows because the time is such. In one (Indian) state they banned eating the cow meat. Then there is a huge uproar when beef is banned to protect the cow. There is a huge opposition by the society. The government of that state said, "You can eat any other kind of meat but not cow meat." But then it is opposed very much. Still they are operating on the rule. More and more awareness should also be brought about the cow. It is mostly seen as a Hindu sentiment. It is not seen as... This attitude of humans to animals, it does not bring much good to humans. And above all, this attitude towards the cow because no one can see that cow has that extraterrestrial intelligence in it. Now they know that the pH level of earth is excellently balanced if cow urinates in a field. No fertilizer is equal to cow urine. More and more the science is coming about it so slowly... it will take long time before these things... but there is a movement.

The hymn for cow can be "*Gohito gopati-rgopta vrusha-bhaksho vrusha-priyah*"

I will write it and give it to you. It is part of Vishnu Sahasranama. Gohita means the one who is most concerned about cows. The Lord who is most concerned about cows is called Gohita. Then he is the master of the cows – Gopati. Gopta means the one who protects them in mysterious ways. He has the all-seeing-eye that protects them. And to him all the cows and the bulls are very dear because they are representatives of the most high upon earth.

Question: ...

Answer: The name of the cow that Vasistha had is called Sabala. Sabala means the strength of the sound "Sam" – patience. That's why nothing could be done to him. The strength of "Sam" can withstand anything.

Thank you.

WTT-Group Bünde, Germany

Part 2 – Wednesday, June 24, 2015, Evening

Question: Regarding child during and after pregnancy.

Answer: When they are delivered also, up to three months they are not very much here. They are always sleeping. They are in the other world. Slowly, with the touch of the mother, with the touch of others, due to the taste of the milk the child is given, slowly they start relating to this side of the world. Until the five senses are fully unfolded they continue with the memories of the past. The only difficulty is when they come back totally into the objectivity, they tend to forget the strong resolutions they make while in the womb. Therefore, if one is trained to do this contemplation from the seventh year, it may stand a chance to recollect. Otherwise, once they are drawn into the objective world, due to past traits and do the same mistakes.

Question: Question on the area of financial policy and economy that the Euro is getting collapsed.

Answer: The financial policy is ruled by Gemini. With Saturn entering into Gemini, there would be impact on the economics of many countries. The Saturn's entry into Sagittarius causes a readjustment to the financial policy. He brings out any false build-up – Saturn cannot accept. Therefore, if there are artificial boosts that we give to economy, then that part will fall. Either you have to see the opposition or the square. In Virgo there are no significant impacts. In Pisces we have Neptune squaring Sagittarius and also Gemini. We may get into illusion that may contribute to the adjustment. There is another dimension. This is a propaganda that there would be financial collapse. And the general masses are always carried away by the propaganda. Even in 1980, there was a propaganda of economic collapse. Even books were sold in the name of "Third Wave". Nothing happened. When people are more oriented to fears, some people continue to propagate fear about one or the other. The masses are easily swayed by such thoughts of fear and put themselves into fear – that is illusion. About 1999 there was a great commotion that all computers will not function -- Y2K -- all the programs will collapse, all systems will collapse. But nothing happened. And also 2012. In 2012 so many were expecting the world to come to an end. World will not come to an end with man's knowledge of its end. Man cannot gauge such dimension. He cannot gauge his own death. How can he gauge the death of the world? They were thinking in America of buying air planes, moving in the air, all kinds of crazy things....

Likewise, the European economy is very stable. Whenever European economy is stable, some games are played across the Atlantic. They would like Euro to be on par with the dollar. It is a great game. From this Greece situation, there is also a political game. But those who share with Greece will eventually get benefitted in the long run. Greece must be supported by the European Union because Greece is the basis for Europe. Whosoever participates in supporting Greece will be benefitted in the long term. According to the understanding, Germany and France only have that spirit of supporting. The English are always like the cat on the wall. When it is convenient they want to jump into Euro. Cat is on the wall, so whichever is comfortable it will jump there. The participation on the basis of what it can see as the profit -- if it is convenient they join, otherwise they say they cannot. This kind of inability to integrate does not help any nation. Unless England joins Germany and France, Europe will not be a solid continent. But England's policies are decided in Washington. It is more aligned across Atlantic than aligned across the English Channel. Through England, United States tries to influence Europe. This connection shall have to be adjusted. In the 'Destiny of Nations' given by Master Tibetan, it is said that England should assert its original status as the parent of United States but not as the dependent of United States. The triangle for Europe is France, Germany, and England. Unless this triangle is built there cannot be adequate force or strength in Europe. To disable this triangle from forming, always some rumors are created. But any financial policy which includes a suffering nation would in the long run benefit the sharing nation. 25-27 years ago, West Germany included East Germany, and many people thought that the West Germany

would get weakened and that it would be not able to sustain. It is a matter of one cycle of Saturn, in another three years we complete thirty years. Did not Germany grow in its strength much better than before?

By financially supporting a weaker person or weaker nation, your finances will surely grow better. It is a spiritual principle. By sharing you grow. This principle has to be adopted firstly within the continent. Later, it can extend to other continents. The fears are generated only to prevent this kind of integration of nations. All rumors which generate negative energy should not be propagated by persons who relate to goodwill. We should pray that Greece should be integrated into European Union and required assistance should be given so that European Union is benefitted in the long run. And also we should through our prayers, dispel this negative glamor that some bad thing would happen in terms of economics, in terms of natural calamities, we should not let it enter in our minds. And we should dispel this in others. That is how it should be.

Question: Can you say something about refugees coming to European countries who have to accept? How can we help them?

Answer: You cannot do anything against the government policy. Anything we do to these refugees shall have to be within the knowledge of the government. Then only we do not invite conflict on to us. As a non-profit organization if any help you would like to render to these refugees, the help you wish to render should be known to the government so that the government does not question you. We should help in a manner where we do not walk into the problem of the government. Otherwise, we risk for nothing – we can neither help them nor help us. We had this problem in India in 1970. There was a problem with Burma. Today, it is called Myanmar. Across the ocean, so many came to India – repatriates from Burma. The government said they can be integrated, whoever wants to offer employment they can do so. It has the government permission that the public can relate to and help them. But if the government is not specific about it, our doing without the knowledge of the government will bring problems. We have another example. We also have refugees coming from Bangladesh. The government did not accept this situation because it is India who got freedom for Bangladesh. Because Bangladesh wanted freedom, so we got independence for Bangladesh from Pakistan. They can very well live in their country because they have rich land. Except with government's permission, no one should come from Bangladesh to India. Therefore, the government declared that these are illegal immigrants so you take your own risk. We should not support illegal immigrants but we can support immigrants whom the country supports. Government means our people and our country. At a personal level, if they don't have food you can give food -- only at a personal, and this would not be appreciated by the government. From the macro angle, that kind of service is insignificant from the government's point of view.

....because they have come not to work in Germany or to serve Germany. They have come for their convenience. Some of these also have religious reasons. There must be some constraints with the government to declare that these refugees can be accommodated. When we integrated with East Germany, the government was clear. There must be some considerations for them for not emphatically coming out with a policy.

Question: Please demonstrate how to do OM properly.

Answer: Normally, much of the exhalation is done through the mouth when they utter OM. That means that you are only activating the throat center but not with the brow center. Many people utter OM through their mouth. It should be done in a manner where you don't open your mouth much. If you do this way then you have the air coming through the nose and giving a touch at the brow center. Nasal utterance is considered much more beneficial to the human evolution than the vocal expression. You should speak with emphasis at the brow center, not just at the throat center. Even singers with nasal sounds tend to be more

melodious than those who sing with just the vocal cords. We should make sure that we speak more through the nose than through the mouth. If OM is uttered through the mouth, it is like a bull uttering. It has nothing to do with the higher centers. If you do with the nasal sound, the vibrations will go further up in the brain. That is important with the OM. Not only the vibrations move, you should also move up with the vibrations. Then it has greater impact. That is given as a key to move out of the body. Utter forth OM and with that you also move and then stay at the brow center or even go further higher up. With one utterance, you can settle at the brow center. Then with the next utterance, you keep on knocking further up. Don't get down. That's why nasal utterance is preferred than vocal utterance of OM. In European languages, the French is considered to have more nasal utterance than other languages. That's where French has a specialty on the basis of nasal utterance than the vocal utterance.

Question: regarding any mantrams for getting out of drug or alcohol addiction.

Answer: Those who are addicted, they cannot do any mantram. If they want to come out of it, we can do for them. If they themselves do it, it is the best. But if they cannot do, but they want to come out of it, then we can do. If they don't want to come out of it, we cannot do anything. The mantram is OM. Many times, in India people who wanted to come out of drinking habit, smoking habit, I gave the discipline of OM and they could come out of it. We can also help them with homeopathy. In Berlin... Opium in high potency can bring people out of their drug addiction, their alcohol addiction. That is much more beneficial. Because mothers come for their children, how can I help my children? Then I tell if there is a way, give them this homeopathy medicine. Opium helped in 4-5 cases – one in Berlin, one in Argentina... If you take Opium and immediately take the drink it does not work.

Brilliant orange is the color for contemplation in these cases.

For food addiction, you can give Sulphur. For coffee addiction, Coffea 200. The only thing is... normally these are leading symptoms. But the best thing is to take the totality of symptoms and give the medicine. Totality means what he likes. Does he like strong foods, light foods, when would he get up, when would he go to sleep, and so on. So that one medicine clears all symptoms. Normally in homeopathy, there is no symptomatic medicine. For the person there is. Though it takes a little more time, we need to take the totality of symptoms. Then we can give correct medicine.

Question: What happens with the babies who are born early?

Answer: They continue to have the same experience because when they come out early from the womb, the doctors create the same ambience as in the womb. It does not matter... actually, the incubation ... it is the same situation, only he does not know that he is in the incubator. The soul is more with the past, not with the present.

Normally, the soul is in great repentance during the period in womb because he recollects from many lives. So he makes very strong resolutions but the traits are also there. Again when the field is there, again the seeds sprout.

In this room, last year we had so many questions to what happens after death. Temporarily went to finances and refugees, but came back to this...

Question: For babies who are born early, what should be used for the astrology?

Answer: From the point of their coming only, we take, whenever it is. Babies are also born after sometimes even after 9 months, some born next day, and some born day after next. What is important is

entry into objectivity which is found by the finding of the head into objectivity. When the head is out that is the point of birth. Whenever the head comes out that is the point of birth. The point of the head coming out is important.

Head is important even if the body takes a long time to come out. Cutting the cord is the next step. Appearance of the head is important.

Normally, after a few events that happens, the time can be adjusted. In astrology, there is a way to find out the right time through subsequent events.

Question: How can we integrate practice of respirations during the day?

Answer: You have to find time. Start with one time, then slowly you find... To do two times is no problem. To do three times is... generally you would be in the thick of objectivity. But if you can break for a while and do respiration, pre-lunch and post-lunch, then you can do three times. Or at least do two times. If you start and have this ardent desire to do it, then the life events also cooperate. There is a saying, "Where there is a will, there is a way." We ensure priority to food. We need to ensure the same for respiration. Do it morning and evening and siesta time is good enough to start with. Don't say I am going for Pranayama, say I am going for siesta. Normally, we do the other way --- we do pranayama and then we sleep!

Question: How should we promote subjective learning?

Answer: It will come slowly because now it is being introduced into consciousness. Slowly when the demand comes, it will come. The demand will slowly rise. How did yoga come on the globe? Say 100 years. When Lord Maitreya, Master Morya, and Master Koot Hoomi started the work, yoga is very little known except in that continent called India. But now it is globally known. When yoga is known, slowly pranayama step will come. When pranayama comes, when it is properly taught, then it is giving birth to subjective mind and subjective learning. And we get more balanced. Why I say more important is because it is totally not there now. By introducing subjective learning we develop subjective mind so that there is a balance of objective mind and subjective mind by which you are called a yogi. This kind of a thing can be promoted as a rumor. Not like the end of the world, or financial collapse. We should put this into a rumor! That we benefit more by subjective mind through pranayama. The trend of events shows that the globe now... now there is a record of 300 million participating in yoga on yoga day. It could have never been imagined 100 years ago. When yoga is fully known in its syllabus, then they will know there is a step where we turn inward. When people come to that step, they will have very good schools for training the inner side of man. In a 100 years, it will be there. Because now the idea of yoga with soul, mind, and body is sinking in. Then surely it will lead people to that state where they try to enter through pranayama and develop subjective mind.

Thank you.

WTT-Group Bünde, Germany

Part 3 – Thursday, June 25, 2015, Morning

Question: About a patient who feels that her love is not responded by others.

Answer: It is a very common dimension of life. Those whom we love they love some others. It is an aspect of Karma that we have a sense of duty to them, therefore we do our work towards them. But they don't feel

because they don't have Karmic relation. It is a very general phenomenon in life that those we love most and not receive similar response from them. They would be after some other in terms of love. Love does not mean only male-female attraction. It is an aspect of Karma. Those who love us when we neglect them -- we don't care so much for them. Therefore, same thing repeats with us. There would be persons who would be loving you, you don't care for them. Therefore, it comes back to you. Those whom you love, they don't care for you. You should look out in our own life who are the people who really bother for you. We should recognize them, we should respond to them, and we should give them enough warmth as they give to us. When we do not do that, whomsoever we love they don't relate to us. This is one of the laws of Karma. As much as the Sun loves us, we don't love him. Our life and our awareness, everything is on account of him. But we don't so much care for him. We are after something else. Those something else is oriented to another. When we turn our back to those who love us, same phenomenon happens to the person who loves others.

There is a story in the scriptures about this. Once upon a time there was a king who loved his queen so much. When from a distant land a businessman comes, he offers a special necklace to the king as a presentation from him. That necklace was very special. The king did favor the businessman for having this gift. The necklace he received he gave it to the queen when he returned to the palace. After a while, the queen gives it to a man who takes care of the horses of the kingdom because she is in love with him. But that man who takes care of the horses of the king, he is in love with the dancer who dances in the royal court. Gradually, the necklace goes to the dancer. Slowly, the dancer -- she dances in the royal court. She danced once in the royal court with the necklace on. Then the king saw the necklace and thought, "How is it that the necklace is with the dancer?" The dancer is in love with the king, so she gives it to the king after the dance. The king conducts a very silent inquiry. He finds it is all funny. He loves his wife. The wife loves a member of the royal establishment. That fellow does not love the queen. He loves the dancer. The dancer in turn loves the king. So it is moving in rounds. No one is responding to other's love. This is a story narrated by the World Teacher when some of the members of the Brotherhood asked him, "Why do not the disciples relate to us when we relate to them?" Then the World Teacher gives this story. It is in a book called "Avadhoota Gita". So it is very natural that everything moves according to Karma.

Coming to your patient, you should advise that she should look out for those who show much concern for her. When you respond to those who have deep concern for you, then those whom you have deep concern also respond. What you do to those who love, same thing comes to you. That's the law. So you can ask her to find out if she has neglected any persons who were really concerned about her.

(Question: Is there a mantram for her?)

There is no mantram. She has to look out for those who she neglected.

Question: Many people are thinking about what is happening in the Islam countries...

Answer: The Islamic communities who live in Middle East, and in poor conditions in other places, their way of thinking is not understood by people. When there is very poor living condition, when there is not much of intellectual development, such persons are supported by their own emotional faith of God. When you hurt an emotional person, he reacts very strongly. They need to be understood in a different perspective by those who are developed and intellectually developed. This feeling of hurt is coming back in a very big way because they are emotional. Just to give an example: A man marries a woman. The man is intelligent -- he is an intellectual, not so emotional. The woman is not so very thoughtful. She has an emotional love and leans much upon the person. The man who is intellectual does not see what is happening in the woman, who is so emotional. The emotional person, the woman, out of her emotion, she offers herself totally. When the emotions are not responded, and the man is not very faithful to that lady, then the emotion of love turns into hate. That hate will lead even to killing that person. Normally, when one person kills the other, we immediately decide that the person who killed the other is guilty. But what has led that person to the point of killing that person? That part is not attended to. Why would any person kill the other unless there is such

an emotional disturbance in the other person on account of whom he killed? Because the stirring of emotions happens over years leading to such a reaction. That is what happens as a regular game in humanity.

The intellectual and intelligent persons regularly exploit emotional persons who are not so intelligent. So within the emotional person he feels that much injustice is done to him. Their emotions are so high that they cannot apply reason. That's how they react very emotionally and that is an extreme emotional reaction. Therefore, from the higher standpoint, there is a need to understand the deep hurt they carry within. Apparently, what they do is not acceptable from any standpoint of the natural law. But why did they get into that situation? What are the causes? Why there is such a deep hurt in them? That hurt requires to be healed in a great way. When this is not healed, this kind of activity continues. When you corner weak people and continuously exploit, we generally do not see what is cooking in them. And they have no way to present logically their feelings. That's how this is seen as an injustice. The society is generally blind to such things because they are in their own celebrations. Just like servant maids and others who do petty jobs for us like cleaning the house, washing the vessel, or keeping the garden. Most of those people are not those who get into very high education. So they settle down to those jobs just to survive. When they come to big houses for cleaning and maintaining, there is a huge difference in their standard of living. When a party happens in the house, a lot is cooked and a lot is wasted. Many things are wasted – clothing, food, luxury items. On one side there is a waste, on the other side they don't get anything. When they are regularly seeing this, sometimes they get the feeling of stealing. Even before they get to that thinking, better we offer something to them from the house. If we offer food, or if we offer something from the home, their psyche gets adjusted. This disparity leads to that kind of extreme situation. To everyone, their life is very dear. What is it that causes such an emotional charge in them to sacrifice their life? Most of them are indoctrinated. But those persons who are indoctrinated, they hold the reason why they do it. We need to have a dialogue and address their grievances.

In India, we had Naxalism. They have nots, they retired into the woods of India, they started coming out and killing people. And any person who is emotional, they see this injustice and they join the Naxalism. For some time, the government fought with them. But then it came to them that, "They are also Indians. You cannot kill your own Indian people. There must be there some cause. Let us talk to them." From time to time they talk and the things are settled. These things happened in states where there is absolute poverty. In poverty, there are some people who enjoy like kings and gods, while at large people don't have enough to eat. This is how when some enjoy at an extreme, while some others are suffering at an extreme, hate generates.

The answer to this Islamic movement is to talk to them. Otherwise, this kind of insane killing continues. Someone should take the lead on humanitarian grounds. We need to listen to them. We refuse to listen out of our own fear. Fear is that we may have to lose. To redress the situation we have to lose some comforts. Most of the emotional part of the humanity can come out of extreme emotions only when their standard of living and economics improve. Most of them today on account of recent acts, the Muslim community itself suffers a stigma. They feel that when people see them they don't feel comfortable. But why should it be so? There is a kind of psychological seclusion that the community is suffering. The more the killings are, the more the psychological seclusion happens. But the answer is to feel that they are also like us, humans; that they also have similar aspirations as us. If we honor their aspirations, we try to include them, slowly it gets integrated.

In India, we had such a great integration until recently of Hindus and Muslims. But of late, it is all the political game they play by separating Hindus and Muslims, and raising emotions on both sides. The religious sentiments are strong when you are in the emotional plane. If you go back by 500 years, it was so strong with the Christian faith also. Now it is not. Now there are so many jokes upon the pope and papal system because you came out of the emotions. You can make cartoons; you can make jokes on the Christian system today. You can be in the rhythm of Christianity. There is still indoctrination but not as strong as before. If we back to 500-600 years, it is the same like the Islamic emotion. As you grew in your

intellectualism, your ability to think, and in science, you continue to respect Jesus but you are not so much with the emotional part of Christianity. With the cross and sword, Christianity has conquered all over the South and North America and entire Europe. First 1000 years it was conquering with the sword in Europe, and then with North and South America. Now it is not so strong in America and Europe. But it is strong in India and other developing countries and in Africa. That's why Karl Marx says religion is opium for people who haven't grown well in mind. The answer is to lift them up from their emotional plane by giving the needed facilities and comfort and expose them to science and education. It is a larger dimension of love which requires time to accommodate. The kind of emotion that Christian world had 500 years ago, is now what Islamic world has. But it does not exist with a Muslim who is very rich and who is a high intellectual.

The sum and essence is that there has to be better comprehension to accommodate them and include them in the stream of development. What is happening in Middle East we are not informed properly because media is also with capitalism. We don't get the report of the other side of the story. Did you see long, long ago there was a movie of Sophia Lauren titled "Two women". It was a very great movie. How during the wars the soldiers behave with the locals. When the soldiers go out, to them the habitants of that land can be used in any way. So such things, when such exploitation happens, it comes back in a different way. The other side of the coin which no one is willing to see. The media only projects this side. That's why when the media goes there, they are also killed. You come and you see. You don't project all. You only project what is suitable to you. All journalists, television – initially they would be happy to inform. But they go back and report something else. Any journalist, any television, they kill now. The governments that are dominant on the planet shall have to be much inclusive in their policy. And the Islamic countries who are responsible for the continuous crisis in Middle East, they would have the Karma relating to it. That's all. It is ultimately the law of Karma that works. Whoever is hurt, the hurt eventually comes back.

Today, it is a very tough situation. Even if we go, because we have power, we bomb – but it grows again. We should learn to let others also live as we live. That dimension would necessarily come through such events. It is all because a part of humanity exploiting another part of humanity. People should not think in terms of nationalism and racism – they should think of humanity. You know, let's say the parents have four children. Three are very well settled and one is not. True parents care for the one who is not well. That is the understanding the ruling governments should have towards those who are suffering from varieties of insufficiencies. That has to happen. Even today, developed nations pollute the under developed nations. No pollution in our country, but we go and pollute some other country. The drugs which we don't use here we sell them there. We make the neighbor's house dirty, we keep our house clean. These are the policies which are affecting deep inside. The population in the developed countries, they are not aware of all these. The common man is kept away from the information which is critical. That's how it is a huge game of money and power. And humans don't count.

Each time we see, we feel so pained inside. Every time we see in the news and paper... we have to pray. For most of the things today on the planet, the only solution is ardent prayers.

Recently, in India, a Muslim boy who studied – he has a qualification. He went to companies for employment. And then some companies, they said, "You are a Muslim. We don't want you." How does it feel? So he has given it to media that I am a Muslim so I am not getting a job. The leaders condemned it and immediately a very big business house has taken him as an employee. If we don't show them any way to live, what do they do? It is getting deeper into the psyche of the people that "Oh! If it is a Muslim then there is a way back!" It has to be reversed. And I don't say they are right, the others wrong. I don't say Islamic movement is right, the others are wrong. The solution is to include them. Our experience in India is a Muslim is much more faithful than any other. He has only way to look. He would give his life for his master, like a faithful dog. Those who know Muslims by relation know how faithful they are. They don't maintain two cards. We get informed by stray incidents and our psyche is a bit inhibitive when we look to a Muslim. What happens with the Muslims? They think they are unwanted people on the planet. There is a movie recently, "My name is Khan." It is a movie where a Muslim goes to the president of United States and tells, "My name is Khan but I am not a terrorist". If you see it, the heart moves. Our denial is causing

the upraise from others. So, it requires great courage to accept something which is part of humanity though you don't see it as part of humanity. The long history of humanity between blacks and whites... also the same story. The Afro Americans in America is also an issue like this, though not in such a huge dimension. Only with an open mind and large heart this problem can be solved, which is not so easy, because we are more and more mind compartmentalized.

I will tell you one more incident. An Indian, a Gujarati, he went to the United States because his son is working there. He is a retired person. The son lives in a gated community. To this Indian, to go around... when we go around we look to different houses because they are differently built and beautiful. So he went around and was looking around. Normally, we do that when we go around if we see a beautiful house, we see another beautiful house. Someone from the colony telephoned the police that there is a strange man moving around. Immediately, the police came in great speed and questioned this Indian. It is not easy for us to understand the American English. And it is not easy for the American to understand Indian English. So the policeman has asked some questions for which he could not immediately answer. Then the police handled and threw him down. That old person he is a hypertensive person. He collapsed. The police had to take him to the hospital. He died in the hospital. Then this police is suspended. The person before dying he gave a statement, "I did not know what the police man was asking. I was going around. It was beautiful so I was going around. I did not know what mistake I did." Such is the fear in human being to accept another human being. Huge fear – more money, more fear. It is like in India we have groups of stray dogs on the road. Every four corner road, there would be a group of stray dogs. If another stray dog from another corner comes, he is a stranger. Then they would be totally hurting him. Some stranger, we feel already... And we speak of globalism. Most of things are high sounding words. When it comes to action, mostly we are in Middle Ages -- inability to accept another community, another culture, another form of human, different from our appearance.

Question: Master, could you please tell about the cross? Once you told that it is possible to neutralize this aspect.

Answer: For the cross, the lower arm has to be cut to size to be equal to the other arms. They have to be connected. It is symbolically a good measure. When we connect them either by a circle or by straight lines, we connect east-west, north and south. Otherwise, they are eternally in different directions. The east and the west, the north and the south, not only on the planet, but also in us, they have to stay connected. It is good to cut the lower arm to be in tune with the other arms because the long lower arm indicates deep down into matter. Only that is cut, then you can connect them to round them. But we cannot go to church top and do it. Mentally, we can round it up. That's all we can do.

Thank you.

WTT-Group Bünde, Germany

Part 4 – Thursday, June 25, 2015, Evening

Question: Regarding node in conjunction with birth Sun.

Answer: When the north node is in conjunction with Sun it is like a solar eclipse. The north node is a node that pushes you. But normally, when north node is in conjunction with Sun, Sun gets eclipsed. Unless there is a good aspect for the Sun with Jupiter, or unless Jupiter is very strong in horoscope, such people will not get the right direction. Node pushes and anti-node pulls – that is their work. One is a pushing energy, another one is a pulling energy. Normally, any association with that energy is seen as an impact in the wrong direction. Therefore, even if you get the push in the right direction, you tend to overwrite. It is like

conjunction with Mars in a different manner. North node is like Mars. In man with higher awareness, it gives a philosophical outlook. Philosophical outlook is already a state which is in between mental and Buddhic plane. So he pushes you out of material into the higher planes. Many saints would have the impact of the north node to get away from the normal life. But if normal people who don't have that attitude to be saintly, they would be out of order in the society.

If a boy suddenly stops studying, and he does not like anything, and feels this kind of life is boring, and he stops studying and does not progress, he is thrown out of gear from the general stream. But the same attitude at the sixtieth year is very welcome. Around 60-70 years, when you get the thought that this is all boring then it is OK. It enables you to disassociate with life. But to have the same idea in a wrong time (a good idea in a wrong time), that's how he gives a kind of eclipse to your consciousness. Sun is consciousness. When he conjuncts Sun, you get some freak ideas from time to time. The devas are working out the system in tune with the law. And the shades that happen through the north node and south node are but a shade on comprehension. It needs to be well gathered and guided. When node is approaching Sun in any horoscope, the astrologer should make sure that particular person does not get into some crazy idea and get out of the rhythm of life. A man who is coursing well in life suddenly gets an idea which will throw him out of gear.

For example, a professional like Reiner or like me... When we are going well with a profession, suddenly you get an idea why can't I do a business. It is a crazy idea that throws you out of your profession in which you are doing very well. That's how their work is to disturb a stream which is going in a normal, harmonious way. It happens to many in life. When everything is going well you get an idea to change everything for nothing. Then you have to look for this wonderful energy of north node! But north node will not function when there is a very strong Jupiter in the horoscope. When the king is in trouble, if the prophet is there he helps the king. Each one of us as units of consciousness are like the kings and Jupiter is our teacher. In the horoscope when Jupiter is strong, even if such ideas come they are set aside. Normally, node or anti-node they come to disturb a stream. Their work is to work the anti-stream of the devas.

When north node is on Moon, you should know the south node is already opposing Moon. South node always tries to trouble Moon. North node troubles Sun. These two, Sun and Moon, meaning our consciousness and our reflecting abilities, these are the things they try to disturb because according to the story in Purana, it is Moon and the Sun that complained to the Second Logos that the node and anti-node are trying to drink the nectar in the form of angels. The north node and south node are but one person. When the drink was taken by them, it is only Vishnu that distributes the nectar. The person who is north and south node, he joins the camp of devas changing his form. It is like you are distributing something to your group members and who are not from your group they came in a form of a group member and try to take a cup of coffee. So, two members of the group notice it. And those two members are Sun and Moon. They tell the Lord, "Look here! The one to whom you are giving nectar is not a member of our group." But already, a sip of the nectar went through. See Vishnu, the Second Logos, can cast lot of illusion on people. He can cast the veil of Maya because the whole creation is seen as a big illusion, which is true to us when we come out of a deep sleep. The Lord of Illusion is put to illusion by a fellow and he does not belong to the group of devas. When Moon and Sun complained to the Lord that, "He is not a member of the group... In disguise he joined the group. He transformed into a deva by appearance. Casually you are giving to all, so you also gave it to him, but he is a diabolic." Therefore, the Lord releases the wheel to cut him off. But already it (nectar) went through. One has become two. From diaphragm down below one person is south node, and diaphragm above with the head is the north node. So they said, "See now! Now we are immortal. Though you have cut me into two, I am immortal as node and south node. I will trouble both Moon and Sun because they are the ones who complained to Vishnu." This is a story.

The truth is there is the shade of Earth upon Sun during the new moon hours. Moon comes in the way so we don't see Sun completely. For the full moon Earth itself comes in the way for the happening of the eclipse. But this is very beautifully conceived as a story in Puranas saying that when this shade prevails the comprehension is confused -- there can be confusion of mind, which we normally have, and added

confusion. Likewise, for the Sun also there is an eclipse, meaning an impact on life and consciousness. That is the impact of north and south nodes. But when you have the other aspects strongly guiding you, you would not have their impact. There are also stronger dimensions in the horoscope which neutralize some of these negative dimensions. Therefore, the impact of north and south node upon Sun and Moon came to be because their aspects with Sun and Moon. They arrest the energies of Moon and the energies of Sun in us. For that reason, when the eclipse happens... For example, when a lunar eclipse happens in the same sun sign where your birth Moon is, the impact of that eclipse is more on you. Similarly, the impact of the north node is much more on a person whose sun is in the same sun sign where the north node is transiting. They are recommended to be much more attentive, number one; to relate to Jupiter or the Master, number two; follow the disciple that the Master gives; or relate to Lord Shiva in whom the south and north nodes have great veneration. That is how we overcome these situations in life. Nothing less than Jupiter can come in the way to neutralize the impact of north and south node. In another way, Venus can also help in that situation because Venus is the teacher of the diabolics. The node is a diabolic. He would listen to his teacher. So Venus, Jupiter, or the Lord of Will (that is Shiva) are the ones we relate to when such impacts are there in the horoscope.

Another dimension we have in India to neutralize the impact of node and south node is worship of Hanuman. Hanuman is a manifest energy of Shiva. Whoever has afflictions of Mars, Saturn, or north node, or south node, in all these four situations the worship of Hanuman will neutralize the negative impacts of Mars, Saturn, north node, or south node. That's why when children are growing into crucial times of education, they are advised to worship Hanuman more and more so that none of these four planets come in the way and cause disturbance to their study. That's why there is so much worship of Hanuman in India. Other than Shiva, it is Hanuman for these planetary neutralizations, the negative aspects of planetary energies. We don't have to really worry when north node conjuncts Sun when there is a strong Jupiter. Anyway, see how north node and south node has captured all the group! Ever since I spoke of them in the first class in the group life, repeatedly they are drawing your attention to them. In every group, wherever I went, people only ask about north node, south node – that is their grip! It is so very obvious that they grip you!

In fact, another dimension is, if you worship Second Logos they care not. The Second Logos has put him off into two pieces! The First Logos is generally non-interfering. He generally does not involve into the working of the creation. It is the Second and the Third Logos who are at work. Only in great emergency when the Second and Third Logos request to redress, then he manifests. He is considered to be most neutral. That's why he is said to be the first and foremost yogi of the creation. When the divine are in trouble they go to him. When the diabolics are in trouble they go to him because they know that the pure justice comes from the First Logos. To him, the divine and the diabolic are equal. That would be the final situation which is called synthesis. Synthesis is all inclusive. There is no anti-diabolic activity. But while the creation is in existence, the Second Logos has a responsibility to ensure harmony within creation. So whenever the divine are overstepped by diabolic, the Second Logos restrains the diabolic. Therefore, he is considered to be favorable to the divine. These are some beautifully expressed stories. When you are in synthesis you are good to all. When you are not in synthesis, you are good to good people, you are not so good to not good people. When you are not so good to other people, they won't be any good to you. To be good to all is a higher dimension. That's how it works.

Question: How is it that some people say, for example the parent of someone died long years ago and they still feel impressions and they receive messages from them. It seems to me that it is not so possible especially once they are incarnated again. How is it possible? Some people say they can channel the Masters...

Answer: That kind of activity is very high in Africa. This connection to the disembodied spirits and connection to some discarnated souls is on account of aspect of Moon in the horoscope. It is the negative dimension of Moon that developed from the times of Egyptians. There is a side of Moon which can relate to

the past. Actually, Moon carries our past with us. That's why mind mostly goes backwards – I was like this in the childhood, I was like this, and I was like that... But this is a dimension for that Moon when it has the impact of Cancer or impact of south node in eighth house, and relation between Moon and south node. Such persons tend to be spirit mediums. But what all they say is not correct because any spirit in the local area can possess them and keep on saying things. They get into a kind of an emotional trance. They keep on moving like this... and keep on saying. After the whole thing is done they are very weak. This is called spirit medium. Some things are correctly said, other things are just stories. When there are some points which are true, we take the whole thing as true. If a little truth is mixed in a huge untruth, it looks like truth. Therefore, they themselves are victims of spirit mediumship. In them the discrimination, an aspect of Mercury, is very poor. So they are overtaken by the spirits on account of the negative Moon. Hence, they suffer from it and they also cause suffering to the surroundings. That's how it is an aspect of south node and the negative Moon that activates this ability in persons. When they submit themselves to proper wisdom and come out of their emotional nature, they tend to be good mediums in the hands of White Magic.

It happened many times – people who claimed to be mediums of so and so, when they come to me or when I am in their presence, it does not work for them. One lady in Spain in Gerona.... Mostly it is ladies who get into this because they are vulnerable to such things. They have a tender mind and hence it is easy. A weak mind can be easily influenced. The lady claimed to be a channel for CVV. Naturally, the group members would like that she meets me or I meet her. So when I was in Gerona for a teaching, she came and she could not talk anything. Then I requested her, because she claims to be so and so, "Please sit by my side." I asked her to sit to my right side, and she sat to my left. I did not talk to her but I was relating to the group. They wanted her to talk but she could not. Then later she came out of that spell. Next year when I went the group said that she is no more in the business of channelization. Likewise, in Israel there was another lady who was very popular as the channel of Master Koot Hoomi. Our group members took me to her. Normally, she gets into trance and keeps on saying things. They told me that if she gets into it, it will be one and half hours. Just like what I do! She does in a different way! I went. Nothing was coming to her. She was surprised and said, "How is that I am not getting any connection?" A negative energy cannot present itself when there is the natural energy prevailing in a strong manner. We should not go with people who cannot explain whatever that they speak. They should be responsible for their speech. They cannot frequently quote some names which are very well known. These spirits do not come near a person who has strong discriminative abilities. The local inferior spirits they cannot touch. The impact of Egypt is very high in the Middle East and also in Africa. That's why it still prevails over there. People looking into a globe and then saying things. Or put some into the fire and boom! The persons who are around, they are already affected. Then he gets into an involuntary submission to a local spirit. That is what happens.

When we come across such persons we should try to heal them. Not to give into them but heal them by invoking lot of orange. We have many methods. That's where we chant the sound "RAM" silently which brings out tremendous cosmic fire and burns up all that is impure. In India, this "RAM" helps so many ways, all children who would otherwise be affected by the elementals of the ambience. It develops a field of fiery protection. For weak minded people "RAM" does lot of good. It strengthens mind. It makes mind vibrant with positive energy and protects them. That's how children when they go alone in dark hours, they keep chanting "RAM" and keep moving. It is a cosmic seed sound for fire and it generates enough fire around. That's how it is.

Question: For example, when somebody dies it can be still in contact. But once this soul takes incarnation again, it is a new soul. How can it come again and make contact?

Answer: You maintain in it in your being but it is not there actually. Normally, when a person dies, it is a matter of service that you accompany that person and then ensure that until it gains its own associations, you accompany it up to that point. It is new situation for the soul that just departed from the body. So it

would like some support, assistance in a strange situation, in a new situation. It is a comfort to the departing soul. But once it joins the related field and feels any comfort, your association is redundant. But normally, if you are mediumistic you hold that thought relating to the departed soul and you develop your own phantom of that soul and start working with it. That's how you develop that my.... Even in India there are some sects who feel their father, their grandfather, their mother, their grandmother, that they are guiding and all that, it is mostly their making. They would be already reincarnated. And they would have no more connection with the previous life. The kind of relation they had while they were in the body does not exist. These are all the groups of humans who are much more affected by the south node. Their mind can be easily captured and they can be made to serve the purposes of the spirits.

Question: How long can really a soul be there after death...

Answer: Up to seven months. Which is a week for them. Maximum one year. After that it does not stay. The devachan is much later because before they reach ... the devachan is a possibility for those who have done acts of goodwill. As the soul departs, firstly he encounters the acts of ignorance he caused while in life. The soul encounters all the pain he caused to the surrounding life; that comes to him. And he suffers all that. And he sees how beastly he was towards people. Much repentance takes place and he feels that he should redress this injustice that he did to others.

Out of pain he realizes that... to him it is like a replay of a movie – all that he has done. So while he is in pain he makes vows that he shall redress all those to whom he has done injustice. Then after that the acts of goodwill come to him as devachan and have joyful experience. All this experience of pain or joy with a body – we don't have the physical body but we have a body which is called yatana sareera meaning experiencing body. Then he also is discharged of that body. Then according to the evolution of the soul, he comes back again. All normal persons come back within one year. Those who have done long years of contemplation while in life, they have some more duration to stay over there and contemplate. Then they return. And then again in the womb of the mother, all that happened not only in the previous life but all previous lives would come back to him so that he makes fresh resolve not to do such things he did last time and to do those things which gave joy to people. That's why there is a repeat experience in the mother's womb. Then after delivery he forgets because he gets accustomed to surroundings.

But the acts of goodwill and the acts of ignorance they take to a sequence and come back in life. Those acts of goodwill you did in the past to people come back to help you. Those acts of hurt and harm that you do to people they come back to be repaid. This rearrangement is done by the devas relating to time. This arrangement of life of how event after event should come back to you are done by the devas of time. Then you have some resolve with you so that next time a similar event comes you don't act as ignorantly as before because within you there comes a conscience restraint. The restraint comes because of the repentance you had after departure from the last incarnation and also the repentance you did in the womb of the mother. This is how the soul keeps on learning.

It is a process of evolution in so far as the degree of repentance brings you enough conscience not to do again. If you do again the same thing, again the same thing repeats. The repetition is needed to develop the related conscience. More and more you get the pain, more and more you repent, the related conscience develops. That's why when we get pain it is seen as a teacher. The pain enables you to rethink the whole thing. For this reason, there is lot of emphasis on reviewing and repenting acts which are not well done.

The placement of Mercury gives a clue. Mercury is the discriminating planet. And its aspect with Jupiter. That means he won't be doing the same thing again. Mercury in the chart is preceding the Sun, meaning Mercury rises before the Sun rises, then that Mercury shines forth because of the light of the Sun. But if Mercury rises along with the Sun, then the Mercury is obscured by the Sun. If Mercury is rising after the Sun, does not get any shine... because the ray of the Sun is on and he is behind. From this you can see if

he has enough discriminative will or not. See if the president is going on the road, the police who move before the president, they are observed by all. Once the president goes then there would be many cars behind him and nobody notices them. Another example, a king going on a chariot on a king's way, all those who are moving before the king as the protective group, people observe them also because they want to see the king. Those who move before the most important being, they are also seen by people who are waiting to see the important person. Once they see the king they don't see behind. Once the king passes, there is no more observation of those who are behind. That's how the planets who move before the Sun for the next 30 degrees, they are observed. The planets that rise after the Sun, nobody bothers. In the morning, when you look at the eastern sky, sometimes you see the beautiful Venus or Mercury. Sun has not yet showed up. Then before the Sun shows up in the horizon, Venus and Mercury are seen and are appreciated. Their beauty is seen. If they rise along with the Sun, they are obscured; they don't even appear. After the Sun comes, nothing appears even if they come up. Likewise, in the evening after the Sun sets if there are any stars over there you can see them. But when it is too proximate you don't see the impact of that planet. That a horoscope is progressive or not can be seen in this manner with respect to Moon, Mercury and ascendant. If they are moving ahead of Sun, then they have the impact of the Sun meaning consciousness. That's how you can see in the horoscope.

Question: Can the soul choose the future incarnation?

Answer: There is a saying, "We move towards future in tune with the thoughts we entertain now." Today's thought is tomorrow's speech and action. The thoughts, speeches, and actions that we carry out now, their quality decides how it should be next time. If you wish to choose a much better life, you have to think, speak, and act in a much better way than we normally do. That's where intent is important. That's why it is said the life we have is on account of thoughts we had before, what we spoke, what we acted. The present is on the basis of past. The future will be on the basis of what we think, speak, and act now. Moment to moment we are choosing our future.

There is another dimension – to choose incarnation or not to choose incarnation. You have a choice of incarnate or not incarnate when there is no more action of consequence. When we do acts without expectation we do not create consequences. When there are no consequences – good or bad – you have no more debt to the surrounding world. Then you are free to come or not come. This is normally after the fourth initiation. Until then there are consequences for actions. Good acts when done with expectations pull you back. When you are oriented to the fruits you have incarnation. To choose a better future if you are working today, you will have a better future. While doing so if you do acts of ignorance, you get the related suffering. If you do acts of goodwill with absolutely no expectations, not even looking for a small word of appreciation, that means that you are not oriented to it whether people recognize, not recognize, appreciate, or not appreciate, then there is no cause and effect. When that happens you have a choice to come or not come. That is said to be after fourth initiation.

We break for five minutes and get into prayer.

Thank you.